



## A History Of Wensum Valley Hotel, Golf & Country Club

Wensum Valley Hotel, Golf & Country Club was founded by Basil Todd in 1990. With 250 acres of picturesque Norfolk countryside; Wensum Valley is perfectly placed just 5 miles from Norwich City Centre and 40 minutes from the coast. A real Norfolk delight with breathtaking views and sunsets that glisten off the River Wensum.

Today, Basil's daughter Bridgette Hall runs the Country Club, which features: Two Great Golf Courses, 90 En Suite Bedrooms, Pro Shop, Driving Range, Private Wedding Venue, Restaurant, Bar, Function Suites, Conference Rooms, Gym, Swimming Pool, Jacuzzi, Steam Room and Sauna.



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# Sunday Carvery

PRE BOOKING ESSENTIAL

SERVED EVERY SUNDAY

12:00 - 3:00PM

STARTER - £7.25

MAIN - £15.50

DESSERT - £7.25

# WENSUM VALLEY HOTEL



Childrens Menu  
Available

# menu

## BREAKFAST

SERVED 07:00 - 11:00

FULL ENGLISH (GFA) Fried Egg, Sausage, Bacon, Baked Beans, Grilled Tomato, Mushrooms & Toast	£11.95
VEGETARIAN FULL ENGLISH Vegetarian Sausage, Baked Beans, Grilled Tomato, Mushrooms, Egg & Toast	£11.95
BREAKFAST BAP Sausage, Bacon, Grilled Tomato & Fried Egg	£6.95
VEGGIE BAP (V) Grilled Tomato, Flat Mushroom, Hash Brown & Fried Egg	£4.95
BACON OR SAUSAGE BAP (GFA) SERVED UNTIL 6:00PM	£4.50
BACON & SAUSAGE BAP (GFA) SERVED UNTIL 6:00PM	£5.95

## SANDWICHES

SERVED UNTIL 6:00PM

Served on White or Brown Bread with Salad Garnish

PRAWN MARIE ROSE (GFA)	£8.95
TUNA MAYONNAISE & CUCUMBER (GFA)	£7.50
TURKEY & CRANBERRY (GFA)	£7.50
ROAST BEEF & HORSERADISH (GFA)	£7.50
BACON, LETTUCE & TOMATO (GFA)	£7.95
WENSUM CLUB SANDWICH (GFA) Turkey, Bacon, Mayonnaise, Tomato & Lettuce	£9.95
POSH FISH FINGER CIABATTA Served with Pea Puree & Tartare Sauce	£9.50
GARLIC BAVETTE STEAK CIABATTA Served with Onion Chutney	£9.95

## JACKET POTATOES

SERVED UNTIL 6:00PM

TUNA MAYONNAISE (GF)	£9.25
MATURE CHEESE & BEANS (GF)	£8.50
MATURE CHEDDAR CHEESE (GF)	£7.95
BLACK BEAN BEEF CHILLI (GF)	£9.95
CURRY OF THE DAY (GF)	£8.95
PRAWN MARIE ROSE (GF)	£9.95
5 BEAN CHILLI (V) (GF)	£9.95

## MAC & CHEESE

MAC & CHEESE	£14.50
ADD A TOPPING	£2.00 Each
WILD MUSHROOMS	
3 CHEESE (CHEDDAR, BLUE & SMOKED)	
CRISPY BACON	
CHORIZO & CRISPY BACON	

## PUB CLASSICS

FISH PIE (GF) A medley Fish cooked in White Wine & Cream Sauce topped with Mashed Potato and served with Seasonal Vegetables	£18.95
BEER BATTERED FISH & CHIPS with Pea Puree, Charred Lemon & Homemade Tartare	£16.95
CHICKEN NEW YORK (GFA) With Smoked Bacon, Cheese & Barbecue Sauce with Skin on Fries	£16.45
PIE OF THE DAY (GFA) With Skinny Fries & Peas or Seasonal Potatoes & Vegetables, Topped with a Puff Pastry Lid	£15.95
BREADED WHOLETAIL SCAMPI & CHIPS with Pea Puree, Charred Lemon & Homemade Tartare	£16.95
HOMEMADE BEEF LASAGNE With Mixed Leaves & Garlic Bread (add chips £2.50)	£15.50
CURRY OF THE DAY (GFA) With Basmati Rice, Onion Bhaji & Naan Bread	£15.95
ROASTED HAM, EGG & CHIPS	£13.95
SAUSAGE & MASH With Seasonal Vegetables & Red Onion Chutney Gravy	£14.95
BLACK BEAN BEEF CHILLI NACHOS Topped with Sour Cream, Guacamole & Cheese	£14.95
BLACK BEAN BEEF CHILLI (GFA) With Basmati Rice & Tortillas	£14.95
LIVER & BACON (GF) With Creamy Mashed Potato, Seasonal Vegetables & Onion Gravy	£15.95
CHICKEN CAESAR SALAD Cos Lettuce, Bacon Crumb, Parmesan, Crispy Croutons & Caesar Dressing	£15.95

## BURGERS & GRILL

CLASSIC BURGER 6oz beef burger. Add Bacon or Cheese - £1.50 each	£16.50
DIRTY BURGER 6oz Burger, topped with Peppercorn Sauce & Onion Rings	£17.95
SPICY CRISPY CHICKEN BURGER (GFA)	£15.95
All burgers served in a Brioche Style Bun with Baby Gem, Beef Tomato, Gherkin & Burger Sauce	
CAJUN CAULIFLOWER STEAK (GF)	£14.95
8OZ RUMP STEAK (GF)	£21.95
10OZ GAMMON STEAK With 2 Fried Eggs	£16.95
ADD A SAUCE Bacon & Mushroom, Blue Cheese or Peppercorn	£3.50

All our Steaks are served with Field Mushroom, Roasted Tomato, Chunky Chips, & Onion Rings

## 12" STONEBAKED PIZZAS

MARGHERITA (V)	£12.95
BBQ CHICKEN	£14.95
PEPPERONI	£14.95
MOZZERELLA, HAM & MUSHROOM	£14.95

## LOADED FRIES

POPCORN CHICKEN, BACON BITS, CRISPY ONIONS, MELTED CHEDDAR CHEESE & BBQ SAUCE	£10.95
STEAK WITH PEPPERCORN SAUCE, TOPPED WITH A GIANT ONION RING	£10.95
KATSU CHICKEN WITH PICKLED RED ONIONS & MAYONNAISE	£10.95
BLACK BEAN BEEF CHILLI, CHEESE & SOUR CREAM / 5 BEAN CHILLI, CHEESE & SOUR CREAM	£10.95

## VEGETARIAN / VEGAN

VEGGIE/VEGAN BURGER (GFA) Veggie Burger served in a Pretzel Bun with Lettuce, Gerkin & Skin on Fries	£14.95
HOMEMADE VEGETABLE LASAGNE With Mixed Leaves & Garlic Bread (Add Chips £2.50)	£15.50
SWEET POTATO & SPINACH CURRY With Basmati Rice, Onion Bhaji & Naan Bread (GFA)	£15.95
SAUSAGE & MASH (VE) (GF) With Seasonal Vegetables & Red Onion Chutney Gravy	£14.95
5 BEAN CHILLI (VEA) With Basmati Rice & Tortillas	£14.95
SPINACH & RICOTTA TORTELLINI In a Tomato & Basil Sauce (V)	£14.95
5 BEAN CHILLI NACHOS (VEA) Topped with Sour Cream, Guacamole & Cheese	£14.95

## SIDES

GARLIC BREAD	£3.75
CHEESY GARLIC BREAD	£4.75
CHUNKY OR SKIN ON FRIES (GFA)	£3.95
CHEESY CHIPS (GFA)	£4.95
CAJUN ONION RINGS	£4.25
DRESSED MIXED SALAD	£4.25
SEASONAL VEGETABLES	£4.25

## CHEFS SPECIALS

PLEASE ASK A MEMBER OF STAFF  
FOR OUR CHEFS SPECIALS



All of our Food is prepared in a Kitchen where Nuts, Cereals containing Nuts & other allergens are prepared & our menu descriptions do not include all ingredients. Please ask a member of staff if you require assistance

(V) - Vegetarian (GF) - Gluten Free (GFA) - Gluten Free Adaptable (VE) - Vegan



# Hotel Facilities & Safety

## Room Keys

Please keep your key given to you on arrival with at all times, or feel free to leave it with the reception team.

## Wifi

Our WIFI is 'Wensum Guest', and it does not have a password

## Breakages, Damages & Unacceptable Behaviour

The cost of replacement or repair on any items broken or damaged is the responsibility of the guest. Likewise, any additional cleaning required will be at the cost of the guest. Additional cleaning Further costs will incur where rooms cannot be occupied due to damage or breakages. Please respect other guests in the hotel, we are a family hotel and ask that noise in the bedrooms is kept to a minimum after 11pm.

## Check-out Time

Check out time is 10:00am. Should you wish to extend your departure time and stay longer, please contact reception and every effort will be made to accommodate your request. Extra charges may apply.

## Smoking

Not permitted within the hotel, this includes electronic cigarettes. Smoking will result in a £200 penalty and in severe cases management reserves the right to have guests removed from the hotel and formal action will be taken involving our local police authority.

## Iron and Ironing Board

An iron and board are available, please call reception by dialling '0' on your room phone and one will be brought to you.

## Hairdryer

A hairdryer is located in the top draw in the desk



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### **Reception**

Call 01603 261012 for assistance. Reception is manned 6:45am –10:30pm.  
Night Porters are available 10:30pm – 6:45am.

### **Restaurant**

Breakfast is served from 7:00am to 9:30am and offers a range of options from the buffet to a full English breakfast cooked fresh to order. If you require breakfast prior to 7:00am, please let us know.

Table d'hote and specials menus are available from 6:30pm to 9:00pm every evening. We also offer a carvery on Sunday lunchtimes only.

To book a table for dinner please contact the Bar by dialling 207 on your room phone.

### **Bar**

The bar is open from 9:00am to late, serving a wide range of draught and bottled beers, wines, spirits and soft drinks.

Bar meals and snacks are available until 9:15pm daily and can be enjoyed in any area of the bar or out on the patio with beautiful views over the golf courses.

### **Housekeeping**

Your room will be serviced daily between 9:00am and 4:00pm by our housekeeping team. Should you require clean towels please leave them in the shower.

If you do not want housekeeping to clean your room, please put your 'DO NOT DISTURB' sign outside your room.

### **Pro shop**

Our well stocked shop is open from 7:00am – 6:30pm\* and carries all the main brands of golf wear and goods at very competitive prices.

Golf buggies, trolleys and equipment are available for hire.

Our driving range is popular with all ages. Driving range tokens can be purchased from the Pro Shop or from Reception in the evenings.

Whether you're a beginner or brushing up on your game, tuition can be arranged with our onsite PGA golf professional at the pro shop (times may vary\*).

### **Simulator/Club Fittings**

Located in the Pro Shop we have a state of the art golf simulator featuring the Skytrak Plus. This can be rented for £25 per hour. The simulator is also a great help used with our club fittings. If you're in the market for new golf clubs, we offer a bespoke free club fitting service. Contact the Pro Shop for more information.



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### **Leisure Centre**

Open from 6:30am – 9:30pm\*

Please bring your room key when visiting the leisure centre.

Towels will be provided for you at the leisure reception.

A £1.00 coin (refundable) is needed for the lockers.

We provide a host of classes, you can book these with the leisure team.

The pool will be closed Tuesday 10:30am – 12:00pm and Thursday

10:30am - 11:30am, 19:30 – 20:30 due to aqua classes

\*Times may vary on weekends

### **Conferences & Meetings**

Our meeting rooms can cater for 2 to 200 delegates. We have larger rooms available for meetings, conferences or product launches and smaller syndicate rooms perfect for interviews, board meetings and training sessions.

If you would like to view the facilities or discuss your requirements in further detail, our conference & events manager will be happy to help.

Contact us on 01603 261012 or [events@wensumvalleyhotel.co.uk](mailto:events@wensumvalleyhotel.co.uk)

### **Contact and Emergency Numbers**

In the case of a night emergency dial '0' to contact the night porter

Emergency Services: 999

Local Doctors: 01603 867481

Local Dentist: 01603 408362

Accident & Emergency: 01603 287324

Norwich Airport Enquires: 01603 411923

National Rail Enquires: 08457484950

National Express Enquires: 08717 818181

Taxis: 01603 868788

### **Emergency Procedures**

Emergency exits are on the floor plan on the back of your room door.

Stairs are located at both ends of each corridor on every floor.

Emergency Fire Alarms are located on each floor.

In the event of an emergency, please use the nearest emergency exit.



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# Carvery Menu

## Starters

Cream of Broccoli & Spinach Soup with Croutons V GF\*  
Atlantic Prawn Cocktail with Marie Rose Sauce GF  
Ardennes Pâté with Red Onion Jam & Ciabatta Toast  
Mushroom & Watercress Tartlet with Balsamic Dressed Salad  
Leaves V

## Mains

A Selection of Meats from our Carvery  
Topside of Beef  
Honey and English Mustard Glazed Gammon  
Slow Roasted Leg of Pork  
Breast of Bronze Turkey  
or  
Oven Baked Salmon Fillet with Prawn Mornay Sauce & Peashoots  
or  
Mushroom & Pumpkin Seed Roast with Yorkshire Pudding and  
Cranberry & Orange Gravy V

## Desserts

Homemade Apple Crumble with Vanilla Custard V  
Triple Chocolate Calypso Torte with Chocolate Ice Cream V  
Dairy Cream Profiteroles with Marshmallows & Chocolate Sauce V  
Cheese & Biscuits with Orchard Chutney & Fresh Grapes V, GF\*  
Starter - £7.25 Mains - £15.50 Dessert- £7.25

## FOOD ALLERGIES & INTOLERANCES

All our food is prepared in a kitchen where nuts, cereals containing  
gluten and other.

Allergens are prepared and our menu descriptions do not include  
all ingredients.

Please ask a member of staff if you require assistance  
V - Vegetarian GF - Gluten Free GF\*- Includes Gluten but can be  
adapted.



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## Sample Table D'Hoté

### Starter

Filo Prawns with Sweet Chilli Mayonnaise  
Crispy Chilli Beef with Asian Slaw  
Greek Salad with Feta, Olives, Sun-dried Tomatoes,  
Cucumber &  
Honey Dressing (V ,GFA)

### Main

Beef Carbonnade with Cheese Scone & Seasonal  
Vegetables(GFA)  
Baked Chicken Supreme with Mashed Potato, Wild  
Mushroom Sauce & Seasonal  
Vegetables (GF)  
Herb Crusted Cod on Crushed New Potatoes with  
Seasoned Greens & Crayfish  
Hollandaise (GF)

### Desserts

Biscoff Tart with Vanilla Ice Cream (V)  
Lemon Posset with Shortbread (V, GFA)  
Mixed Fruit Eton Mess (V, GF)  
Trio of Cheese with Biscuits and Fig & Honey Chutney (V,  
GFA)

\*\*\*

**Starters - £7.25 Mains - £19.95 Desserts - £7.25**

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V – Vegetarian. GF – Gluten Free. GFA- Includes Gluten  
but can be adapted. VEA – Vegan adaptable.



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